

Yizkor — Remembrance

Jewish Holidays and Observances are not meant to be celebrated alone,
They are Family-based and Synagogue based, and they become
infinitely more precious when they are shared —
They represent an in gathering, a coming together, a spiritual
and physical sense of community —
And because every life is singular and sacred, each empty chair
at the table corresponds to an empty place in the heart —
And we are ever mindful of the counter themes of
sorrow, and of joy —
We take time out to Remember, and to Relive, and to Recapture,
and we never stray too far from those we loved,
We recall our losses in the context of a congregation,
so that our collective pain and our collective sorrow,
and our collective treasures can transcend our aloneness,
and our personal tragedies...
Our family becomes part of a greater family,
and we can draw from a more abundant
supply of wisdom, growth and healing...

There is a difference between “Never forgetting”, and “Remembering”
Never forgetting implies carrying around something that is heavy,
burdensome, and ponderous —
“Remembering” is positive, and comforting —
To Remember is be reassured,
To Remember is to be surrounded by warmth,
To Remember is to claim the past,
To Remember is to structure the future,
To Remember is to forge a link,
To Remember is to transmit a legacy,
To Remember is to acknowledge that we belong!
To be human is to enrich life’s experiences with the memories
we have carefully nurtured.
To be Jewish is to elevate our remembrance into a ritual
that sustains and nurtures us as individuals,
as a community, and as a spiritual entity...
No one is ever lost as long as there is someone **Who Remembers...**

Marcia Hain Engle

YIZKOR MESSAGES

“So teach us to number our days that we may acquire a heart of wisdom.” In these aptly put words, the Psalmist was telling a simple truth: Our days fly by quickly; our lives pass as a dream; it is the wise person who numbers each day, each year, and uses every precious moment judiciously because ere we know it, life slips by us.

Few of us appreciate this simple but profound truth. We are, generally, too busy to realize that our days are slipping by. We are too preoccupied with earning a living or running a household to grasp the painful reality that life is a swiftly running stream and that each and every moment needs to be savored and utilized prudently. I’ve heard dying men and women remark wistfully, “O, if only I had spent my time differently and appreciated what I had!” And I’ve paid numerous *shivah* calls in which the mourners invariably turned to the theme of the transitory and fleeting nature of life. “Is it really fifty years that we are married? Was it truly twenty-five years ago that I graduated from college? Have I actually lost my beloved mate? Where have the years flown?”

Yizkor comes four times a year. Its purpose is obvious: We are to remember dear ones who are with us in spirit forever. But there is a second and possibly equally significant reason for Yizkor: It is good, periodically, to remind ourselves that life is but a brief shadow, that it races by with a speed that astonishes and frightens, that every moment must be appreciated and no day may be taken for granted. Yizkor reemphasizes that elementary notion that we must live each day more wisely, more prudently, more sagaciously; that life is too short for squabbles and quarrels; that we need more love, more compassion, more giving, more kindness, more concern.

THE GIFT OF MEMORY

We thank You, O God of life and love,
For the resurrecting gift of memory
Which endows Your children, fashioned in Your image,
With the Godlike sovereign power
To give immortality through love.
Praised be You, O God,
Who enables Your children to remember.

Morris Adler

Memorial Service

יְיָ מַה־אָדָם וּמַדְעָהוּ. בְּךָ־אֲנוֹשׁ וּתְחַשְׁבֶהוּ:
אָדָם לְהִבָּל דָּמָה. יָמָיו כְּצֵל עוֹבֵר:
לְמִנּוֹת יָמֵינוּ בֶן הַדּוֹעַ. וְנָבֵא לְבָב חֲקֻמָּה:
פּוֹדֶה יְיָ נַפְשׁ עַבְדָּיו. וְלֹא יֵאָשְׁמוּ כָּל־יְהוֹסִים בּוֹ:

Lord, what are we humans, that You have regard for us,
Mere mortals, that You take account of us?
We are like a breath,
Our days are like a fleeting shadow.
Teach us to number our days,
That we may attain a heart of wisdom.
The Lord redeems the lives of God's servants;
And those who trust in God shall not feel forsaken.

Biblical verses



Eternal God, in whose eyes a thousand years are but as yesterday,
in whose hands are the souls of the living and the dead, in Your
sight every soul is precious.

O Lord, from whom we come and to whom we return, strengthen
us as we now remember our loved ones who have been reunited
with You. Be with us as we consecrate this hour to the memory of
our departed.

שְׁוִיתִי יְיָ לְנֶגְדִי תָמִיד. כִּי מִיָּמֵי בַל־אֲמוֹט:
לְכֹן שָׂמַח לִבִּי וַיִּגַּל כְּבוֹדִי. אֲפִי־בְשָׂרִי יִשְׁכַּן לְבֶטַח:

*Shi-viti Adonai I'negdi tamid, ki mi-mi-ni bal emot.
Laheyh samah libi va-yagel k'vodi, af b'sari yish-kon la-vetah.*

I have set the Lord before me always,
God is at my right hand; I shall not fail.
Therefore my heart rejoices, my whole being exults,
And my body rests secure. (Psalm 16:8-9)



We recall

Eternal God, we have come to sanctify our fleeting lives by linking them with Yours, O Life of all Ages. In You generations past, present, and future are united in one bond of life.

At this sacred hour, we are aware of those souls through whom we have come to know of Your grace and love. All the wisdom, beauty, and affection that have enriched our lives are the garnered fruits of our communion with others.

Many of those to whom we owe so much are alive with us today; and we pray that we may be able to reward their goodness and their devotion to us by acts of love and loyalty.

But others have passed forever from our midst, leaving us a heritage of tender memories which now fill our minds.

Some of us recall today beloved parents who watched over us, nursed us, guided us, and sacrificed for us.

Some of us lovingly call to mind a wife or a husband with whom we were truly united — in our hopes and our pains, in our failures and our achievements, in our joys and our sorrows.

Some of us remember brothers and sisters, who grew up together with us, sharing in the play of childhood, in the youthful adventure of discovering life's possibilities, bound to us by a heritage of family tradition and by years of comradeship and love.

Some of us call to mind children, entrusted to our care all too briefly, taken from us before they reached the years of maturity and fulfillment, to whom we gave our loving care and from whom we received a trust which enriched our lives.

All of us recall beloved relatives and friends whose affection and devotion enhanced our lives, and whose visible presence will never return to cheer, encourage or support us.

Though they are gone from us we are grateful for the blessings they brought and were to us. Now, by giving to others the love which our departed gave to us, we can partly repay the debt we owe them.

We are sustained and comforted by the thought that the goodness which they brought into our lives remains an enduring blessing which we can bequeath to our descendants.

We can still serve our departed by serving You. We can show our devotion to them by our devotion to those ideals which they cherished.

O God of Love, make us worthy of the love we have received by teaching us to love You with all our heart and with all our soul and with all our might, and to spread the light of Your divine love on all whose lives touch ours.

Give us strength to live honorably and, when our time comes, to die serenely, cheered by the confidence that You will not permit our lives to be wasted, but will bring all our worthy strivings to fulfillment.

Amen.

Mordecai M. Kaplan, Eugene Kahn, and Ira Eisenstein (adapted)

In memory of departed congregants:

In this memorial hour, we recall members of our congregation who have been taken from us....

Their memories are enshrined in this sanctuary, and are gratefully recorded upon the tablets of our hearts.

May the Source of all comfort send consolation and healing to those who mourn them. May their memories endure among us as a lasting benediction. And let us say: Amen.

We remember them



At the rising of the sun and at its going down,
we remember them.

*At the blowing of the wind and in the chill of winter,
we remember them.*

At the opening of the buds and in the rebirth of spring,
we remember them.

*At the shining of the sun and in the warmth of summer,
we remember them.*

At the rustling of the leaves and in the beauty of autumn,
we remember them.

*At the beginning of the year and at its end,
we remember them.*

As long as we live, they too will live;
for they are now a part of us,
as we remember them.

*When we are weary and in need of strength,
we remember them.*

When we are lost and sick at heart,
we remember them.

*When we have joy we crave to share,
we remember them.*

When we have decisions that are difficult to make,
we remember them.

*When we have achievements that are based on theirs,
we remember them.*

As long as we live, they too will live;
for they are now a part of us,
as we remember them.

Sylvan Kamens and Jack Riemer

YIZKOR — In remembrance of a father:

יִזְכֹּר אֱלֹהִים נִשְׁמַת אָבִי מוֹרֵי שְׁהֶלֶךְ לְעוֹלָמוֹ. אָנָּה
תְּהִי נִפְשׁוֹ צְרוּרָה בְּצָרוֹר הַחַיִּים. וְתִהְיֶה מְנוּחָתוֹ כְּבוֹד.
שְׁבַע שְׂמֵחוֹת אֶת־פְּנֵיךְ. נְעֻמוֹת בִּימִינְךָ נִצַּח. אָמֵן:

O heavenly Father, remember the soul of my dear father whom I recall in this solemn hour. I remember with esteem the affection and kindness with which he counselled and guided me. May I ever uphold the noble heritage he transmitted unto me so that through me, his aspirations shall be fulfilled. May his soul be bound up in the bonds of eternal life and his memory ever be for a blessing. Amen.

YIZKOR — In remembrance of a mother:

יִזְכֹּר אֱלֹהִים נִשְׁמַת אִמִּי מוֹרְתִי שְׁהֶלְכָה לְעוֹלָמָהּ.
אָנָּה תְּהִי נִפְשָׁהּ צְרוּרָה בְּצָרוֹר הַחַיִּים. וְתִהְיֶה מְנוּחָתָהּ
כְּבוֹד. שְׁבַע שְׂמֵחוֹת אֶת־פְּנֵיךְ. נְעֻמוֹת בִּימִינְךָ נִצַּח. אָמֵן:

O heavenly Father, remember the soul of my beloved mother whom I recall in this solemn hour. I remember with deep reverence and affection the solicitude with which she tended and watched over me, ever mindful of my welfare, ever anxious for my happiness. Many were the sacrifices she made in order to ennoble my heart and instruct my mind. May her soul be bound up in the bonds of eternal life and her memory ever be for a blessing. Amen.

YIZKOR — In remembrance of a husband:

יִזְכֹּר אֱלֹהִים נִשְׁמַת בְּעָלִי שְׁהֶלֶךְ לְעוֹלָמוֹ. אָנָּה תְּהִי
נִפְשׁוֹ צְרוּרָה בְּצָרוֹר הַחַיִּים. וְתִהְיֶה מְנוּחָתוֹ כְּבוֹד. שְׁבַע
שְׂמֵחוֹת אֶת־פְּנֵיךְ. נְעֻמוֹת בִּימִינְךָ נִצַּח. אָמֵן:

May God remember the soul of my beloved husband who has gone to his eternal rest. In tribute to his memory I pledge to perform acts of charity and goodness. May the deeds I perform and the prayers I offer help to keep his soul bound up in the bond of life as an enduring source of blessing. Amen.

YIZKOR – In remembrance of a wife:

יִזְכֹּר אֱלֹהִים נְשָׁמַת אִשְׁתִּי שֶׁהִלְכָה לְעוֹלָמָהּ. אָנָּה תְּהִי
נִפְשָׁה צְרוּרָה בְּצָרוֹר הַחַיִּים. וְתִהְיֶה מְנוּחָתָה כְּבוֹד. שְׁבַע
שְׂמֻחוֹת אֶת־פְּנֵיךָ. נְעֻמוֹת בִּימִינֶךָ נִצַּח. אָמֵן:

May God remember the soul of my beloved wife who has gone to her eternal rest. In tribute to her memory I pledge to perform acts of charity and goodness. May the deeds I perform and the prayers I offer help to keep her soul bound up in the bond of life as an enduring source of blessing. Amen.

YIZKOR – In remembrance of a son:

יִזְכֹּר אֱלֹהִים נְשָׁמַת בְּנֵי הָאָהוּב מִחֲמַד עֵינַי שֶׁהִלְךְ
לְעוֹלָמוֹ. אָנָּה תְּהִי נִפְשׁוֹ צְרוּרָה בְּצָרוֹר הַחַיִּים. וְתִהְיֶה
מְנוּחָתוֹ כְּבוֹד. שְׁבַע שְׂמֻחוֹת אֶת־פְּנֵיךָ. נְעֻמוֹת בִּימִינֶךָ
נִצַּח. אָמֵן:

May God remember the soul of my beloved son who has gone to his eternal rest. In tribute to his memory I pledge to perform acts of charity and goodness. May the deeds I perform and the prayers I offer help to keep his soul bound up in the bond of life as an enduring source of blessing. Amen.

YIZKOR – In remembrance of a daughter:

יִזְכֹּר אֱלֹהִים נְשָׁמַת בְּתִי הָאָהוּבָה מִחֲמַד עֵינַי שֶׁהִלְכָה
לְעוֹלָמָהּ. אָנָּה תְּהִי נִפְשָׁה צְרוּרָה בְּצָרוֹר הַחַיִּים. וְתִהְיֶה
מְנוּחָתָה כְּבוֹד. שְׁבַע שְׂמֻחוֹת אֶת־פְּנֵיךָ. נְעֻמוֹת בִּימִינֶךָ
נִצַּח. אָמֵן:

May God remember the soul of my beloved daughter who has gone to her eternal rest. In tribute to her memory I pledge to perform acts of charity and goodness. May the deeds I perform and the prayers I offer help to keep her soul bound up in the bond of life as an enduring source of blessing. Amen.

YIZKOR – *In remembrance of relatives and friends:*

יִזְכֹּר אֱלֹהִים נְשָׁמוֹת קְרוּבֵי וַיְדִידֵי שֶׁהָלְכוּ לְעוֹלָמָם. אָנָּה
תְּהַיְינָה נַפְשוֹתֵיהֶם צְרוּרוֹת בְּצָרוֹר הַחַיִּים. וְתִהְיֶי מְנוּחָתָם
כְּבוֹד. שְׁבַע שְׂמֵחוֹת אֶת־פְּנֵיךָ. נַעֲמוֹת בִּימֵינֶךָ נְצַח. אָמֵן:

May God remember the souls of my relatives and friends who have gone to their eternal rest. In tribute to their memory I pledge to perform acts of charity and goodness. May the deeds I perform and the prayers I offer help to keep their souls bound up in the bond of life as an enduring source of blessing. Amen.

YIZKOR – *In remembrance of our martyrs:*

יִזְכֹּר אֱלֹהִים נְשָׁמוֹת כָּל־אֲחֵינוּ בְּנֵי יִשְׂרָאֵל שֶׁמָּסְרוּ
אֶת־נַפְשָׁם עַל־קְדוּשַׁת הַשֵּׁם. עַל־קִיּוֹם הָעָם. וְעַל־נֹאֲלַת הָאָרֶץ
וְהַגְּנוּתָהּ. אָנָּה יִשְׁמַע בְּחַיֵּינוּ הַד גְּבוּרָתָם וּמְסִירוֹתָם. וְתִהְיֶינָה
נַפְשוֹתֵיהֶם צְרוּרוֹת בְּצָרוֹר הַחַיִּים. וְתִהְיֶי מְנוּחָתָם כְּבוֹד.
שְׁבַע שְׂמֵחוֹת אֶת־פְּנֵיךָ. נַעֲמוֹת בִּימֵינֶךָ נְצַח. אָמֵן:

May God remember the souls of our martyrs who gave their lives for the sanctification of God's name, for the preservation of our people, and for the redemption and protection of the Holy Land. May their heroism and sacrificial devotion be reflected in our thoughts and deeds. May their souls be bound up in the bond of life and their memories abide among us as an enduring source of blessing. Amen.

YIZKOR – *In remembrance of the righteous:*

יִזְכֹּר אֱלֹהִים נְשָׁמוֹת חֲסִידֵי אֲמוֹת הָעוֹלָם שֶׁהָלְכוּ לְעוֹלָמָם.
אָנָּה תְּהַיְינָה נַפְשוֹתֵיהֶם צְרוּרוֹת בְּצָרוֹר הַחַיִּים. וְתִהְיֶי מְנוּחָתָם
כְּבוֹד. שְׁבַע שְׂמֵחוֹת אֶת־פְּנֵיךָ. נַעֲמוֹת בִּימֵינֶךָ נְצַח. אָמֵן:

May God remember the souls of the righteous men and women of other faiths and backgrounds who have gone to their eternal rest. In tribute to their memory I pledge to perform acts of charity and justice. May their souls be bound up in the bond of life as an enduring source of blessing. Amen.

YIZKOR — *Special Yizkor Prayer Memorializing
The Six Million Jews Killed During the Holocaust*

אֵל מְלֵא רַחֲמִים שׁוֹכֵן בְּמְרוֹמִים הַמָּצֵא מְנוּחָה גְּבוּרָה תַּחַת
כְּנֹפֵי הַשְּׂכִינָה בְּמַעְלוֹת קְדוּשִׁים וְטְהוּרִים כְּזֶהר הַרְקִיעַ מְזֹהֲרִים,
אֶת־נְשָׁמוֹת כָּל־אֲחֵינוּ בְּנֵי יִשְׂרָאֵל, אַנְשִׁים וְנָשִׁים וְטַף, שְׁנֵהָרְגוּ
וְשִׁנְטְבְּחוּ וְשִׁנְשָׂרְפוּ וְשִׁנְחָנְקוּ. בְּגֵן עֵדֶן תְּהִי מְנוּחָתָם. אָנָּה בְּעַל
הַרְחָמִים, הַסְתִּירָם בְּסִתְרֵךְ כְּנֹפֶיךָ לְעוֹלָמִים וְצָרָר בְּצָרוֹר הַחַיִּים
אֶת־נְשָׁמוֹתֵיהֶם. ייִ הוּא גִחְלָתָם, וַיְנוּחֵם בְּשָׁלוֹם עַל מִשְׁכְּבוֹתֵיהֶם.
וְנֹאמֵר אָמֵן.

Exalted compassionate God, grant perfect peace in Your sheltering presence, among the holy and the pure, whose radiance is like the heavens, to the souls of all the men, women, and children of the House of Israel who were slaughtered, strangled, and burned in the Shoah. May they rest in paradise. Master of mercy, may they find eternal shelter beneath Your sheltering wings, and may their souls be bound up in the bond of life. ADONAI is their portion. May they rest in peace. And let us say: Amen.

YIZKOR — *Special Yizkor Prayer Memorializing Israel's Fallen Heroes*

"יִזְכֹּר אֱלֹהִים אֶת נַשְׁמוֹת בְּנֵי-גִבּוֹרָיו, חַיְלֵי צָבָא הַגִּנָּה לְיִשְׂרָאֵל, שֶׁנִּפְּלוּ בְּמִלְחָמוֹת יִשְׂרָאֵל, בְּפַעְלוֹת הַגִּנָּה, תְּגִמּוּל וּבִטְחוֹן וּבַעֲת מְלוּי תִּפְקִידָם, וְנַשְׁמוֹת כָּל לוחָמֵי הַמַּחְתָּרָת וְחֹטִיבוֹת הַלוחָמִים בְּמַעֲרֻכוֹת הָעַם, שֶׁחָרְפוּ וְנַפְּשָׁם לְמוֹת עַל קִדְשַׁת הַשֵּׁם, וּבַעֲזַרַת אֱלֹהֵי מַעֲרֻכוֹת יִשְׂרָאֵל הַבִּיאוּ לְתַקּוּמַת הָאָמָה וְהַמְדִינָה וְלְגִאֲלַת הָאָרֶץ וְעִיר הָאֱלֹהִים. מִנְּשָׁרִים קָלוּ וּמֵאֲרִיּוֹת גִּבְרוּ, בְּהַחֲלֹצֵם לְעִזְרַת הָעַם וְהָרוּוּ בְּדָמָם הַטְּהוֹר אֶת רִגְבֵי אֲדָמָה קִדְשָׁנוּ. זָכַר עֲקִדְתָּם וּמַעֲשֵׂה גִבּוֹרָתָם לֹא יִסּוּפוּ מֵאַתְּנֵנוּ לְעוֹלָמִים. תְּהִיִּינָה נַשְׁמוֹתֵיהֶם צְרוּרוֹת בְּצִרוֹר הַחַיִּים עִם נַשְׁמוֹת אֲבֹרָהֶם, יִצְחָק וְיַעֲקֹב וְעַם שְׂאֵר גִּבּוֹרֵי יִשְׂרָאֵל וְקִדּוּשָׁיו שֶׁבָּגוּ עִדּוֹן עַד עוֹלָם. אָמֵן."

May God remember the souls of His heroic children: The fighters of the Israel Defense Forces, who fell in the wars of Israel, in defensive, and security actions and during the fulfillment of their duty, including the souls of the underground fighters and brigades who fought in the national struggle—all those who sacrificed their lives for the sanctification of God's Name. And with the help of God, the Lord of Israel's campaigns, they brought about the revival of the nation and the state and the redemption of the land and the city of God. They were quicker than eagles and stronger than lions as they volunteered to assist the nation, and they saturated our holy land with their pure blood. The memory of their self-sacrifice and heroic deeds will never disappear from us. May their souls be bound in the Bond of Life with the souls of Abraham, Isaac and Jacob, and with the souls of the other heroes and martyrs of Israel who are in the Garden of Eden. Amen.

EYL MALEY RAHAMIM – *Prayer for the departed:*

אל מלא רחמים שוכן במרומים המצא מנוחה נכונה
תחת כנפי השכינה במעלות קדושים וטהורים כנהר
הרקיע מזהירים את־נשמות כל־אלה שהזכרנו היום
לברכה. אנא בעל הרחמים תסתירם בסתר כנפיך
לעולמים. ותצור בצרור החיים את־נשמותיהם ויגוהו
על־משכבותם בשלום. ונאמר אמן:

Merciful God, who dwells on high and in our hearts, grant perfect peace to the souls of our dearly beloved who have gone to their eternal rest. Shelter them in Your Divine Presence among the holy and pure whose radiance is like the brightness of the firmament. May their memory inspire us to live justly and kindly. May their souls be at peace; and may they be bound up in the bond of eternal life. Let us say: Amen.

EYL MALEY RAHAMIM – *Prayer for our martyrs:*

אל מלא רחמים שוכן במרומים המצא מנוחה נכונה תחת
כנפי השכינה במעלות קדושים וטהורים כנהר הרקיע מזהירים
את־נשמות כל־אחינו בני ישראל שמסרו את־נפשם על־קדוש
השם. על־קיום העם. ועל־גאולת הארץ. אנא בעל הרחמים
תסתירם בסתר כנפיך לעולמים. ותצור בצרור החיים
את־נשמותיהם ויגוהו על־משכבותם בשלום. ונאמר אמן:

Merciful God, who dwells on high and in our hearts, grant perfect peace to the souls of our martyrs who gave their lives for the sanctification of Your name, for the preservation of our people, and for the redemption of the Holy Land. Shelter them in Your Divine Presence among the holy and pure whose radiance is like the brightness of the firmament. May their memory inspire us to live justly and kindly. May their souls be at peace; and may they be bound up in the bond of eternal life. Let us say: Amen.

Psalm 23

מזמור לדוד:

יְיָ רֹעִי לֹא אֶחְסָר:

The Lord is my shepherd, I shall not want.

בְּנֵאֹת דְּשֵׂא יִרְבִּיצָנִי.

God makes me lie down in green pastures,

עַל־מֵי מְנַחֹת יְנַהֲלָנִי:

And leads me beside the still waters.

נַפְשִׁי יִשׁוּבֵב. יְנַחֲנֵי בְּמַעְגְּלֵי־צֶדֶק לְמַעַן שְׁמוֹ:

God revives my spirit—and guides me
in paths of righteousness, for the sake of God's name.

גַּם כִּי־אֵלֶּךְ בְּגֵיא צַלְמוֹת. לֹא־אִירָא רָע כִּי־אֵתָהּ עִמָּדִי.

Though I walk in the valley of the shadow of death,
I fear no evil; for You are with me.

שִׁבְטְךָ וּמִשְׁעַנְתְּךָ הִמָּה יְנַחֲמֵנִי:

Your rod and Your staff comfort me.

תַּעֲרֹךְ לְפָנַי שִׁלְחַן נֶגֶד צָרָרִי.

You prepare a table before me in the presence of my foes.

דִּשְׁנַת בְּשֶׁמֶן רֹאשִׁי כּוֹסֵי רְוִיָה:

You anoint my head with oil; my cup overflows.

אֵךְ טוֹב וְחֶסֶד יְרַדְּפוּנִי כָּל־יְמֵי חַיָּי.

Surely goodness and kindness shall follow me
all the days of my life.

וְשָׁבְתִי בְּבֵית־יְיָ לְאָרְךָ יָמַי:

And I shall dwell in the house of the Lord forever.

**YIZKOR:
DEATH AS THE FINAL STAGE OF GROWTH**

There is no need to be afraid of death. It is not the end of the physical body that should worry us. Rather, our concern must be to live while we're alive — to release our inner selves from the spiritual death that comes with living behind a facade designed to conform to external definitions of who and what we are. Every individual human being born on this earth has the capacity to become a unique person unlike any who has ever existed before or will ever exist again. But to the extent that we become captives of culturally defined role expectations and behaviors — stereotypes, not ourselves — we block our capacity for self-actualization. We interfere with our becoming all that we can be.

Death is the key to the door of life. It is through accepting the finiteness of our individual existences that we are enabled to find the strength and courage to reject those extrinsic roles and expectations and to devote each day of our lives — however long they may be — to growing as fully as we are able. We must learn to drawback on our inner resources, to define ourselves in terms of feedback we receive from our own internal valuing system rather than trying to fit ourselves into some illfitting stereotyped role.

It is the denial of death that is partially responsible for people living empty, purposeless lives; for when you live as if you'll live forever, it becomes too easy to postpone the things you know you must do. You live your life in preparation for tomorrow or in remembrance of yesterday, and meanwhile, each day is lost. In contrast, when you fully understand that each day you awaken could be the last you have, you take the time that day to grow, to become more of who you really are, to reach out to other human beings.

Elisabeth Kubler-Ross
Death — The Final Stage of Growth

MOURNER'S KADDISH

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעֵלְמָא דִּי-בְרָא כְרַעוּתָהּ.
וְיִמְלִיךְ מַלְכוּתָהּ בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל-בֵּית
יִשְׂרָאֵל בְּעֵגְלָא וּבְזִמְן קָרִיב. וְאָמְרוּ אָמֵן:

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמָא וּלְעָלְמֵי עָלְמַיָּא:

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרַמֵּם וְיִתְנַשֵּׂא וְיִתְהַדָּר
וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְקָדְשָׁא. בְּרִיךְ הוּא. לְעֵלְמָא
לְעֵלְמָא מְכַל-בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבַּחְתָּא וְנַחֲמַתָּא
דְאָמִירָן בְּעֵלְמָא. וְאָמְרוּ אָמֵן:

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל-
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן:

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל-
יִשְׂרָאֵל. וְאָמְרוּ אָמֵן:

*Yit-gadal v'yit-kadash sh'mey raba,
B'alma di v'ra hiru-tey, v'yam-lih mal-hutey
B'ha-yey-hon u-v'yomey-hon u-v'ha-yey d'hol beyt yisrael
Ba-agala u-viz-man kariv, v'imru amen.*

Y'hey sh'mey raba m'varah l'alam ul-almey alma-ya.

*Yit-barah v'yish-tabah v'yit-pa-ar v'yit-romam v'yit-na-sey
V'yit-hadar v'yit-aleh v'yit-halal sh'mey d'kud-sha —
B'rih hu, l'eyla l'eyla mi-kol bir-hata v'shi-rata
Tush-b'hata v'ne-hemata da-amiran b'alma, v'imru amen.*

*Y'hey sh'lama raba min sh'ma-ya, v'ha-yim,
Aleynu v'al kol yisrael, v'imru amen.*

*Oseh shalom bi-m'romav, hu ya-aseh shalom
Aleynu v'al kol yisrael, v'imru amen.*

KADDISH

The first specific mention of *Kaddish* as a mourners' prayer is found in *the Mahzor Vitry*, a thirteenth century compendium of Jewish prayers. Though the *Kaddish* had probably been accepted as a mourners' prayer some centuries earlier, the fact that it is called the "Orphans' *Kaddish*" for the first time in the thirteenth century does mark it as a relatively late institution. It was in the Middle Ages that it gained such a strong hold on the people and became, in popular practice, so completely a prayer for the dead. This was no doubt in part due to the fact that masses for the souls of the departed were so much part of the religion of the people around them and that Judaism had no equivalent institution.

The Rabbis of that time struggled against the growth of popular notions that the *Kaddish* was of some intercessionary value to the dead. For example, Rabbi Abraham Ben Hiyya Ha-Nasi (who died in 1136) wrote, "All who think that the deeds of his sons... which they do for his sake after his death — that is, when they pray for him — that these help him, such thoughts are pure imagination and vain hopes in the eyes of all the wise (*Hakhamin*) and all people of science." (Quoted in Hebrew by Pool, in his book *The Kaddish*. Mine is a very literal translation.)

Abraham Hurwitz, a learned Rabbi of the sixteenth century wrote, "Let the son keep a particular *Mitzvah* which his father commanded him to hold to and if he carries it out, it is accounted more than the *Kaddish*. The same is true also of daughters. For the *Kaddish* is not a prayer that the son should say for the father before God that He may raise him from *Sheol* (*Limbo*, or the grave) but it is merit... for the (name of) the dead when his son sanctifies the Name (of God) and (causes) the congregation to respond after him, 'Amen. Yehay Shemay Rabba Mevorakh, Amen. May His great Name be blessed forever and ever.'"

Evelyn Garfiel
Service of the Heart

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Sandy & Jay Lieberman	A. Robert Lieberman Gertrude Lieberman Sharon Sherr Israel Steiner Lawrence Danneman Valorie Danneman Martin Danneman
Gail & Harvey Lieberman	A. R. Lieberman Gertrude Lieberman Sharon Brenda Sherr Samuel H. Sacks Shirley Sacks Metz
Dr. Carol & Milton Lipitz Ani & Bradley Lipitz Allison & Scott Snyderman Stacey & Benjamin Marder	Rosalind Munitz Irving Munitz Sylvia Lipitz Julius Lipitz Leah Siller Israel Siller Rochelle Levine Lottie Schulberg Harold Schulberg
Mark, Jamie, Scott, Ryann Mason, Skyler, Matt & Carly Lorberbaum	Robert Lorberbaum Marilyn Lorberbaum Debbie Kantrowitz S. Edward Kantrowitz

REMEMBERED BY**IN MEMORY OF**

The Lurie Family
Alissa & James

Rhoda Israel Wagner
Kenneth Wagner
Caroline Sweig Lurie
Erwin Lurie
Lori Suser
Fred Suser
Rose Leiblein Wagner
Morris Wagner
Mary Kaplan Israel
Alexander S. Israel
Sadie Sweig
Max Sweig
Flora Lurie
Joseph Lurie
Trudy & Aaron Sachs
Samuel Kaplan

Phyllis & Carl Malinowski

Esther Spivak
Bennett Spivak
Leon Cohen
Ida Cohen
Jacob Malinowski
Luba Malinowski
Nathan Malinowski
Michael S. Siegel

Ellen & Isaac Malter

Gladys Lilienthal
Eidla Malter
Efraim Malter

Diane & Syd Mandelbaum & Family

Joseph Mandelbaum
Herbert Swirsky
Mark Mandelbaum

Glenda Mandelbaum
Alan & Amy Mandelbaum & Family
Kenneth Mandelbaum
Lisa & Ari Cohen & Family

William Mandelbaum
Rose Weiss
Max Weiss
Dorothy Mandelbaum
Sol Mandelbaum

Anna & Prof. Asher J. Matathias

Maurice Franes
Jacob S. Matathias
Mary Matathias
Nina Matathias

Randy & Matthew Metzger

Mildred & Stanley Nussbaum
Esther & Elias Metzger
Rose & Ellis Davidson

REMEMBERED BY	IN MEMORY OF
Lusia Milch	Bernard Milch Moshe & Feiga Milch David & Necha Rosenzweig
Barbara Misikoff	Stanley Misikoff
Dorothy & Elihu Modlin & Family	Abraham Bernstein Frieda Bernstein Rose Modlin Martin Modlin Rose Casden Abraham Casden Hannah (Honey) Bernstein Casden
Donna & Mark Mundell	Marilyn Benroubi Joseph Benroubi Nathalie Leeds Harold Leeds Anna Welkowitz Tocksun Sophie Selinger Frank Selinger Fay Fligel
Nancy & Rick Nasoff	Sayre & Morris Aronin Rae & Irving Nasoff Jerry Nasoff Dan Brown
Donna, David & Evan Nemeroff Michelle & Joshua Rolnick	David Heller Eleanor Heller Fannie Nemeroff Sam Nemeroff
Joann & Edward Nusblatt	Elsa Nusblatt Irving Nusblatt Jules Patricof
Leslie & Howard Oshinsky	Irving Oshinsky Rowie Oshinsky Abraham Silverstein Betty Silverstein Edith Chelson Robert Chelson Myron Oshinsky Marilyn Oshinsky
Samuel Peltz	Faye Peltz Jack Peltz Lola Peltz Morris Schulman Sara Schulman

REMEMBERED BY**IN MEMORY OF**

Pincow & Krishtul Families

Sima & Alter Pincow
Dora & Isaak Udis
Pinya Donde
Gregory & Riva Krishtul
Ana Polischuk
Haskel & Manya Reznikova
Semyon & Dusya Kelnya
Alexander & Ella Krishtul
Mikhail, Edward & Fanya Mitnikov
Ilya Shimon
Rita Goldfeld

Alice & George Pittel

Judith Pittel
Isadore Pittel
Dinah Pittel
Israel Zafman
Rachel Zafman
Sol Pittel
Sarah Kaplan
Louis Kaplan
George E. Siegel

Harris Polansky, Michelle,
Samantha & Spencer Locke,
Tracy, Jarred & Brandon Lake

Susan Polansky
Ruth Sherman
Sidney Sherman
Abraham Polansky
Bonnie Lance Farnsworth
Elayne Ackerman

Helen Pollack & Family

Irving J. Pollack
Estelle S. Greenberg
Bertha Pollack
Hyman Pollack

Pattie & Peter Posner & Family

Sidney Posner
Carole Firestone
Leonard Firestone

The Press Family

Randi Jayne Press
Larry Press

Stephen Peter Rand

Herbert Rand
Lily Rand
Betty Kodess
Abner Kodess

REMEMBERED BY	IN MEMORY OF
The Rattner Family	Jennifer Anne Rattner Richard G. Rattner Rosanne Rattner Marjorie Abrams Len Abrams Martin E. Kaplan
Ray Reback & Family	Irene Reback Louis Reback
Jackie Reckseit	Ronald Reckseit David Reckseit Marc Reckseit Phoebe Reckseit Bernard Reckseit Stuart Reckseit Arlene Turk Claire Kantor Rose Achtel Pauline (Peppy) Sperling William Achtel Rosalind (Mickey) Achtel
Kenneth A. Reiver	Paula Reiver Sol Reiver Cele Reiver Barbara Reiver Gladys Newmark
Edna & Phillip Ritzenberg	Jack & Gertrude Ritzenberg Joseph Morris & Eva Heneck Esther Heneck Dorman Connie Heneck Aronson Joy Heneck Dorman
Nina & Allan Rodolitz	Louis Rodolitz Gertrude Rodolitz Harry Wasser Eve Wasser
Marvin & Sondra Rose	Myrna Barg Nathan Barg Dr. Benjamin Rose Fannie Pollack

REMEMBERED BY**IN MEMORY OF**

Gail & Richard Rubel

Gloria & Harvey Levine
Steven R. Levine
Aaron & Ann Levine
Herman & Sara Dimbert
Sydney & Florence Nechemias
Phillip & Jean Rubel
Dr. Charles & Jill Nechemias

Harriet Rubenstein

Gerald Rubenstein
Isidore A. Rubenstein
Hattie Rubenstein
Mary Abkowitz
Harold Abkowitz
Lillian Studer

Jack Safdieh & Family

Joan Safdieh

Susan & Steven Schlaff

Constance Schlaff
Norman Schlaff
Florence Liebman
Barnett Liebman
Alice Klein
Adolph Klein
Helen Welinsky

Connie & Ben Schneidman

Harry Lichtman
Grace Lichtman
Teresa Lomangino
Howard Schneidman
Andy Schnure
Gilbert Schneidman
Fay Graham

Ellen & Bernie Schreiber
Ivy & Stacy

Frances Linett
Paul Linett
Emanuel Schreiber
Ida Schreiber
Shonnie Schreiber Eicholtz
Mayer (Mickey) Schreiber

Susan Schwarz

Jack Schwarz
Jack Werfel
Rose Werfel
Charlotte Werfel

REMEMBERED BY**IN MEMORY OF**

Nancy & Jerry Shapiro

Ruth Joan Frankel
Emanuel Nathan Frankel
Samuel Shapiro
Millie Shapiro
Seymour Shapiro
Blanche Luxenberg

Harvey, Brian, Eric & Rebecca Shaw

Rochelle (Shelly) Shaw
Stella Shaw
Jack Shaw
Anna Newman
Simon Newman
Milton Newman

Sheila & Larry Siegel

Stephen Feldman
Elaine Smith

Diane, Steven, Lauren, Michael
& Lindsey Simon

Jack Simon
Sonja Kahn
Shirley Haber
Benny Kahn
Ida Kahn

Alison Sisun,
Dean Sisun

Arthur Lewis
Bobby Lewis
John Lewis

Rochelle & Herb Somer

Anne & Morris Katz
Dorothy & Mendel Somer

Soskel Family

Oscar Wind
Sylvia Wind
Seymour Soskel

Brian, Marisa, Logan & Gavin,
Robert & Isabel,
Jordan, Bethany & Elijah,
Steven & Deborah Spiro

“Pigeon” H. Spiro
Elliot Spiro
Nathan Spiro

Lani & David Spiro & Family

“Pigeon” H. Spiro
Lester L. Love
Angelo Licciardi
Nathan Spiro
Elliot Spiro

REMEMBERED BY**IN MEMORY OF**

The Steinberg Family

Debby Steinberg
Betty Levine
Jack Levine
Gilbert Steinberg
Rita Steinberg
Sidney Haber
Rose Haber
Jerry Steinberg
Bert Steinberg

Barbara, Jeremy, Gabriel, Shveta,
Miriam, Lila, Paz, Nirmayi,
Viviana & Gilal Stern

Gidon (Don) Stern
Leonard Fodor
Lillian Fodor

Eugene Stern

Samuel Stern
Lillian Stern

Jan Stern

Nellie Berkstein
Abe Berkstein

Sandi & Elliot Stumacher
Scott, Jessica & Ricki

Gilbert Steinberg
Norman Stumacher
Kathleen Stumacher
Rita Steinberg
Debby Steinberg

Jaime & Sylvia Sznajder

Abraham Donner
Dorothy Donner Markus
Adolf Markus
Sprinze Sznajder
Gidali Sznajder
Paul Wallach

Beth & Andrew Tarica

Jerry Shapiro
Morris Tarica
Eric Oppenheimer

Claudia & Steven Thaler

Bruce Attell
Paul Thaler
Ruth Thaler
Howard Attell
Carrie Attell
Helen Begun
Abraham Tanenbaum
Elaine Attell
Barbara Chaimovitch

REMEMBERED BY**IN MEMORY OF**

Sydney Travis & Family

Jennifer Lyn Travis
Muriel & Max Kittay
Barry Travis
Jennie Kronethal
Sylvia Verito

The Troyetsky Family

Herby Troyetsky
Arthur Sippel
Evelyn Sippel
Udla Feldman

Norman & Cynthia Turenshine & Family

Ada Hahn
Irving Hahn
Roslyn Turenshine
Hyman Turenshine
Francine Turenshine
Tuvia Beck

Jacob Wagner & Family

Miriam Wagner
Eisig Reisner
Cipa Reisner
Philip Reisner
Carl Wagner
Gussie Wagner
Aaron Wagner

Lois & William Weiner

Charlotte Partman
Howard Miller
Sondra Weiner
Dr. Melvyn Weiner

Sheila G. Weisler
Frances & Doug Labovitz & Michael
Nancy & Jamie Lowe, & Melanie
& Morgan

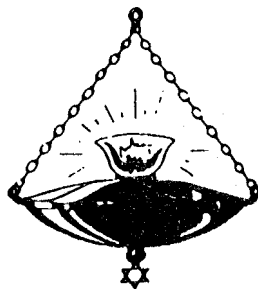
Max Weisler
Frances G. Glickman
Max I. Glickman
Sidney Glickman
Frances Weiss
Frederick L. Weisler
Goldy F. Weisler

Madeleine & Frank Welner & Family

Simon Welner
Betty Welner
Sidney Balizer
Charlotte Balizer
Hannah Greenwald
Frieda Eigg
Ralph Eigg
Malvina Schopp
Jack Schopp
Anthony Tivolacci
Janice Tivolacci

(continued on next page)

REMEMBERED BY	IN MEMORY OF
Madeleine & Frank Welner & Family <i>(continued)</i>	Lynn Eigg Harold Eigg
Dr. Edward Wind Kenneth & Kelley Wind	Oscar Wind Sylvia Wind Claudette Wind
Jane & Michael Wind	Marjorie Ardston Herbert Ardston Robert Ardston Sylvia Wind Oscar Wind
Joan & Julian Wolfson	Marion Wolfson Morris Wolfson Anna Silverman Jack Brooks Rose Brooks Murray Marcus Henry Marcus Bob Ertel Irv Goldstein
Regina & Alex Wollman & Family Joel Baum	Mila Baum David Baum Moli Wollman Joseph Wollman Sarah Stilman Ben Stilman
Wayne Yarnell	Ben Yarnell Ruth Yarnell
Sandra Zeluck, Lauren & Jason Bell Jaime & Jacob Hindlin	Kevin Zeluck Morris Zeluck Diana Levine Walter Levine Alan Levine Stanley Sabin Edith Sabin Ben Sabin Renee Kandel Irving Wasserman
Roz Ziegler, Sharon Ziegler Andrea & Brian Ziegler & Family	Alvin M. Ziegler June & Max Klein Ethel & Harry Ziegler



This Book of Remembrance, which will be available for use and inspiration at all Yizkor services throughout the year, contains the names of our loved ones who have been called to their eternal reward whom we wish to memorialize during Yizkor. A contribution has been made to our Synagogue in their memory.

May their souls be bound up in the bond of eternal life.

Many of the selections in this Yizkor Memorial booklet have been taken from the New Mahzor published by the Prayer Book Press.

YIZKOR SERVICES

Yom Kippur Wednesday, October 9, 2019
Shemini Atzeret Monday, October 21, 2019
Pesach Thursday, April 16, 2020
Shavuot Saturday, May 30, 2020